

Thames Valley District School Board

Our school is committed to providing all students with a safe, caring, and inclusive learning environment free from bullying and harassment that promotes respect, acceptance, and empathy.

Our staff, students, parents, and community will work together as a team to make our school safe and welcoming for everyone.

Safe and Inclusive School Plan

Ensuring Positive Learning Environments



This year we are focusing on developing self-regulation skills and awareness of others' identities. We are doing this to improve student well-being, and to foster empathy and connections between students.



Throughout the year, we will be:

1. Focusing on the implementation of the Essential Conditions for Learning and developing strategies to support our learning environment.
2. Monthly assemblies acknowledging character traits to build capacity in our students.
3. Engaging families with resources and opportunities to expand wellness practice.



Community/Home Connections

Ask your child about a calm down strategy they have practiced at school.

Try practicing mindfulness at home with your child. Discuss lived experiences at school and in the community.

Check out the following resource for calming and mindfulness ideas: [My Everyday Practices - Mental Health and Well-Being Activities](#)

